

**Emergency Plan Supplies**  
Supplies for 3 days (MINIMUM)

<b>Supply Items</b>	<b>How many/much</b>	<b>Have</b>	<b>Don't have</b>
<b>Clothing/Bedding</b>			
Complete change of clothing	Per family member		
Sturdy shoes/work boots	Per family member		
Rain gear	Per family member		
Sleeping Bag/blankets	Per family member		
Hats/gloves	Per family member		
Thermal underwear/socks	Per family member		
Jacket (all weather)	Per family member		
<b>Tools &amp; Supplies</b>			
Batteries (all sizes: AA, AAA, C, D)	2 packs each		
Flashlight	1		
AM/FM Radio	1		
Tent	1		
Map of area	1		
Paper plates, cups & eating utensils (regular dishware is ok)	Calculate		
Can opener (non-electric)	1		
Utility knife	1		
Whistle	1 per family		
Duct Tape	1		
Crescent wrench	1 each		
Multi purpose tool	1		
Plastic storage containers	3 minimum		
Aluminum foil	2 roll		
Waterproof matches (lifeboat matches)/lighter	1 pack		
Needle & thread	Travel set		
Paper (note pad) & pens/pencils/markers	1 each		
100 hour candle/candles	5		
<b>First aid kit</b>	1 complete kit		
<b>Water</b>	CONTAINERS		
Water (1 gal per person per day-minimum)	Gal. per member		
Water purification tablets	4 tabs per gallon		
Toilet paper/towelettes	1 large package		
Soap & liquid detergent	1 bar & 1 lg bottle		
Bleach	1 gallon		
Disinfectant	1 can/bottle		
Hand sanitizer	1 large 32 oz.		
<b>Sanitation</b>			
Plastic bags, ties	1 box		
Plastic bucket with tight lid	1 large		
Personal hygiene supplies	As needed		
<b>Food</b>			
Ready to eat/drink canned food/fruits/vegetables/juices/soup	For 3 days per family member		
High energy food (peanut butter, granola, trail mix, crackers)	For 3 days per family member		

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For 3 Days

<b>Supply Items</b>	<b>How many/much</b>	<b>Have</b>	<b>Don't have</b>
Canned Meals (beef stew, beans, etc.)	Calculate for 3 days		
Vitamins	As needed		

Snacks (cookies, hard candy, coffee, tea, sweetened cereal)	For 3 days per family member		
<b>Baby items</b>			
Formula/powdered milk	Enough for 3 days		
Diapers (cloth) & diaper pins	Enough for 3 days		
Bottles	3 bottles		
Baby wipes	1 box of 180		
One-piece body suits	3		
Sleepers	3		
Sweater (opens in front)	1		
Baby blankets	2		
Rice (to clean bottles)	3 cup		
<b>Entertainment</b>			
Games, books, toys	As needed		
<b>Special Items</b>			
Medications (prescription/over-the-counter) needed	As needed		
Denture needs	As needed		
Extra eyeglasses	1		
Contacts, case, solution	1		
<b>Keep waterproofed:</b>			
Wills, Insurance Policies, contracts, Deeds, Stocks & Bonds	Copies		
Passports, Social security cards, Immunization records (children/pets)	Copies		
Bank account numbers	Copies		
Credit card account numbers/company	Copies		
Household inventory, Contact lists	Copies		
<b>Family records</b>			
Birth, marriage, death certificates	Copies		
<b>Pets</b>			
Pet certificates (birth and health records)	Copies		
Food & bowl	1 per pet		
Water & bowl	1 per pet		
Medications	As needed		
Toys	As needed		
Leash and blanket	1 per pet		

Your kit should be customized based on your own personal needs. Keep your emergency supplies in a place that is accessible to you and other family members (garage, shed, or utility closet). Rethink your kit and individual needs at least once a year. Replace batteries, update clothes, etc... Start with supplies for 3 days and build it up as much as possible. Six weeks of supplies is not too much to set ahead. List compiled by Skagit County Public Health.